



# ADRC

Resource Guide

# DEMENTIA

[888]742-9233

111 E Mullett St, Portage, WI 53901



Welcome to Our Resource Guide!

This guide is designed to provide helpful resources for older adults and individuals with disabilities. While we strive to offer up-to-date information, please note that we do not specifically endorse any of the listed resources. Our goal is to offer a comprehensive starting point for you to explore options that best meet your needs.

To make the guide more accessible, we have broken it down into individual sections. This allows you to find the information you are looking for without feeling overwhelmed by the full scope of resources available. However, if you prefer to view the guide in its entirety, we also offer a complete version for your convenience.

We do our best to keep this guide current, but if you notice any information that is outdated or incorrect, we would greatly appreciate your help in letting us know. You can contact us at [adrc@columbiacountywi.gov](mailto:adrc@columbiacountywi.gov) or by calling (608) 742-9233 with any updates or concerns.

Thank you for using our resource guide. We hope it provides valuable assistance.

Sincerely,

The ADRC of Columbia County

TABLE OF CONTENTS

DEMENTIA ..... 4

CAREGIVERS ..... 4

DIAGNOSTIC CLINICS ..... 5

MEMORY CAFES ..... 5

Aging and Disability Resource Center

Your local connection for support

The Aging and Disability Resource Center provides individuals aged 18 and older and those with disabilities, access to information on long-term care services and support options. Whether you are looking for information resources, or direct assistance, the ADRC is here to help you find the right solutions for your unique needs.

With nearly 500 centers across the U.S., the ADRC offers guidance and support, ensuring that you receive the help and information you need to make informed decisions.

How we can help

- Our services include:
- Information & Referrals
  - Long-Term Care Options Counseling
  - Health & Wellness Programs
  - Benefits Assistance
  - Adult Protective Services

Who we serve

- Older Adults
- Adults with Disabilities
- Caregivers & Family Members
- Professionals

## DEMENTIA

### ADRC Dementia Care Specialist

(608) 742-9726

111 E Mullett St, Portage, WI

## CAREGIVERS

### AARP Caregiving Resources

[www.aarp.org/caregiving](http://www.aarp.org/caregiving)

[www.aarp.org/home-family/caregiving](http://www.aarp.org/home-family/caregiving)

(888) 687-2277

### Alzheimer's Association – WI Chapter

[www.alz.org/wi](http://www.alz.org/wi)

(414) 479-8800 • (800) 272-3900

620 S 76th St, West Allis, WI

### Caregivers Action Network

[www.caregiversaction.org](http://www.caregiversaction.org) • (855) 227-3640

### CaringBridge

[www.caringbridge.org](http://www.caringbridge.org)

### Columbus Caregiver Support Group

(608) 742-9726

125 N Dickason Blvd, Columbus, WI

2nd Thursday, 10-11:30AM

### Department of Health Service – Wisconsin Funeral and Cemetery Aids Program

[www.dhs.wisconsin.gov/em/wfcap.htm](http://www.dhs.wisconsin.gov/em/wfcap.htm)

(888) 859-0611 • (608) 266-8317

PO Box 309, Madison, WI

### Family Caregiver Alliance

[www.caregiver.org](http://www.caregiver.org) • (800) 445-8106

### Lodi Caregiver Support Group

(608) 742-9726

601 Clark St, Lodi, WI

3rd Thursday, 1-2:30PM

### National Institute on Aging – Alzheimer's Caregiving

[www.nia.nih.gov](http://www.nia.nih.gov) • (800) 438-4380

### Portage Caregiver Support Group

(608) 742-9726

235 E Edgewater St, Portage, WI

1<sup>st</sup> Monday, 1-2:30PM

### Riverwood Caregiver Support Group

(608) 684-0123

115 Bowman Rd, Wisconsin Dells, WI

Last Tuesday, 10AM

### This Caring Home – Home Safety for Dementia Care

[www.thiscaringhome.org](http://www.thiscaringhome.org)

### U.S. Department of Veterans Affairs – National Caregiver Support Line

[www.caregiver.va.gov](http://www.caregiver.va.gov) • 9855) 260-3274

### Well Spouse Association

[www.wellspouse.org](http://www.wellspouse.org) • (732) 577-8899

### Wisconsin Family Caregiver Support Program

[www.wisconsinicaregiver.org](http://www.wisconsinicaregiver.org)

(866) 843-9810

## DIAGNOSTIC CLINICS

### Memory Care Clinic

[www.bdch.com](http://www.bdch.com) • (920) 887-4321  
707 S University Ave, Beaver Dam, WI

### UW-Health Hospital & Clinics – Memory Assessment Clinic

[www.uwhealth.org/geriatrics](http://www.uwhealth.org/geriatrics)  
(609) 265-1210  
5249 E Terrace Dr, Madison, WI

### UW Health Memory Assessment Clinic – Sauk Prairie

(608) 643-6060  
250 26th St, #120 Prairie du Sac, WI

### William S Middleton Veterans Hospital

[www.madison.va.gov](http://www.madison.va.gov) • (608) 256-1901  
2500 Overlook Terrace, Madison, WI

## MEMORY CAFES

### Café Connect

[www.memorycafedirectory.com/cafeconnect](http://www.memorycafedirectory.com/cafeconnect)

### Dementia Mentors

[www.dementiamentors.org](http://www.dementiamentors.org)

### Lodi Memory Café

(608) 592-4592  
4th Friday, 1-2:30PM

### Memory Café Directory

[www.memorycafedirectory.com](http://www.memorycafedirectory.com)

### Portage Memory Café

(608) 742-9726  
2nd Monday, 10-11:30AM

